

22nd September 2025

Hello Yellow Day Tuesday 7th October



Dear Parents/Carers

As our School Photographs are taking place on Friday 10th October, we will be taking part in Young Minds, Hello Yellow day on **Tuesday 7th October** instead. Hello Yellow day is to raise awareness and funds for Young Minds, the UK's leading charity for young people's mental health.

No young person should feel alone with their mental health and that's why Hello Yellow matters. We're taking this opportunity as a school community to come together and show our students that we're with them and they're never alone with their mental health.

We'll be taking part by the children and staff wearing something yellow with school uniform, a yellow t-shirt or a yellow accessory such as yellow socks, bracelets, hair accessories or wrist bands.

If possible, could all children please bring in a small donation of £1.00. The Young Minds charity ensures all children get the best possible mental health support and have the resilience to overcome life's difficulties.

Most importantly, we want to share the resources which Young Minds offer to support parents and carers if you ever need help and advice to support your children. This includes:

- online resources (www.youngminds.org.uk/parent/)
- a phone line, open 9.30am-4.00pm (0808 802 5544)
- an online chat for parents and carers to speak to trained professionals if you're concerned about your children's mental health (www.youngminds.org.uk/parents-helpline/)

Thank you for your continued support,

The Grove Team

Part of Mowbray Education Trust

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