



## Carbon Monoxide (CO) Awareness Initiative

Dear Parents/Carers & Pupils,

Your child's school is planning to hold a Carbon Monoxide (CO) Awareness session. It involves a short film all about carbon monoxide to help the children understand what it is and how we can keep ourselves safe.

We are aware that safety information can be quite alarming for children and a great effort has been made to package the information in a child friendly way. However, if your child does have any concerns about carbon monoxide, please alleviate their fears. It is highly unlikely that carbon monoxide is present in your home, but we must work to educate ourselves about its dangers and take precautions to keep ourselves safe, such as fitting an audible CO alarm. Carbon monoxide is a dangerous gas which is produced when fuels including gas, oil, coal or wood don't burn properly. You can't see, hear, smell, taste or touch carbon monoxide so it's difficult to detect and exposure to it can be very harmful, so it's important to know how to spot the signs carbon monoxide may be present and to know the symptoms of carbon monoxide poisoning.

You can find out more about carbon monoxide at [coassembly.co.uk/CO](https://coassembly.co.uk/CO)

You may wish to look at this page with your child after their session and talk to them about what they have learnt.

