

30th October 2024



Anti-bullying Week and Children in Need 2024 (Friday 15th November)

Dear Parents and Carers,

Anti-Bullying Alliance are official organisers of Anti-Bullying Week and Odd Socks Day. Anti-Bullying Week runs from Monday 11th November to Friday 15th November, with the theme: Choose Respect. Odd Socks Day takes place during the week, with adults and children being encouraged to wear odd socks to celebrate what makes us all unique.

On Friday 15th November it is *Children in Need 2024*. The charity has been running since 1980, and has raised more than £1 billion so far. Children across the UK are facing greater challenges than ever, with mental health conditions such as anxiety and depression rising, high levels of poverty leading to inequality and lack of opportunity. Many children are simply carrying a load that's too heavy to manage alone, so this year, Children in Need are asking you to help make life lighter for children.

We have decided on Friday 15th November that we will combine Children in Need and Anti-Bullying Weeks Odd Sock Day, and children are invited to wear odd socks and/or something yellow. To help support Children in Need we suggest a donation of £1 per child, but of course you can donate as much as you'd like!

Thanks a lot for supporting us, *Children in Need* and raising awareness of *Anti-bullying Week*. The children will learn where the money raised goes, and what impact it will have on children across the UK, as information about Anti-Bullying Week.

Yours sincerely,

The Grove Team